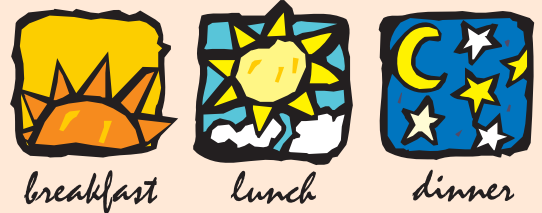
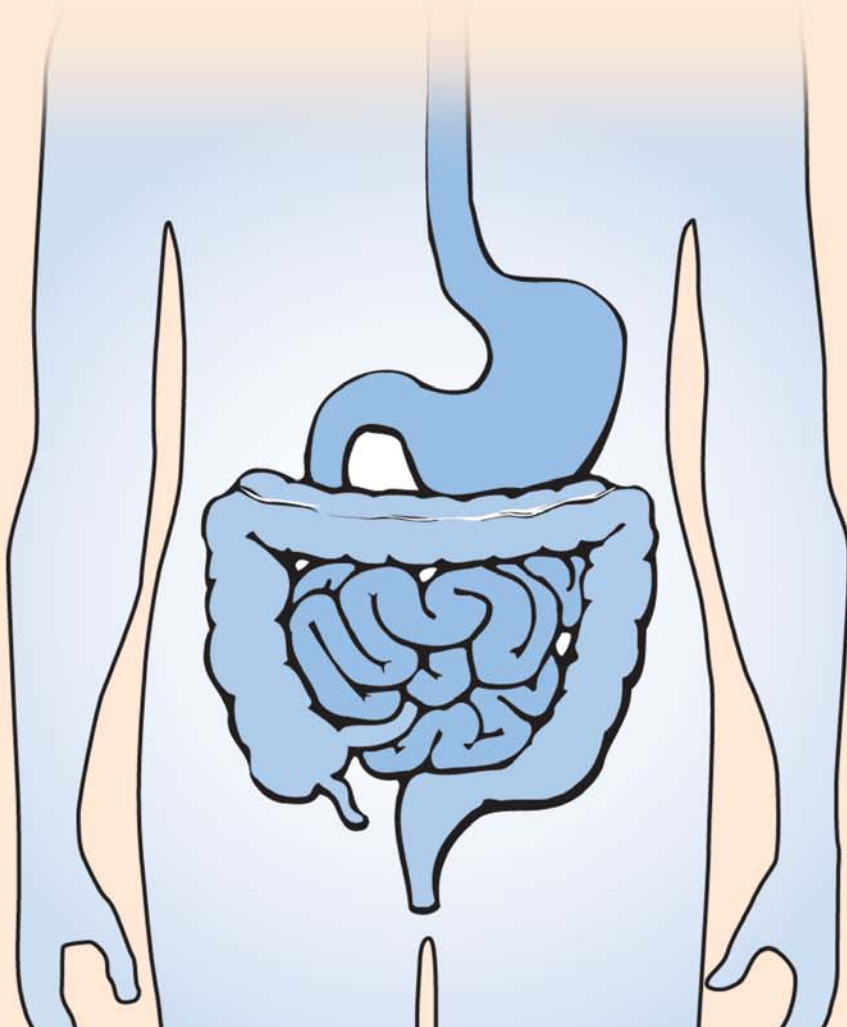


Real Food Means Real Compliance

Many patients have trouble following a traditional liquid diet. E-Z-EM offers a more satisfying alternative. NutraPrep® allows patients to...

*"Eat, drink,
and be ready"*



breakfast lunch dinner

Nutritionally sound diet
for the day prior to the
patient's colon procedure

3 complete meals PLUS
beverages and snacks

No guesswork... if it's in
the box, they can eat it!





For colon procedures, NutraPrep offers a low-residue, nutritional, flavorful way for patients to prepare themselves for the next day's exam. The patented NutraPrep meal plan helps:

- 1) **Minimize the stress associated with more aggressive bowel preps.**
- 2) **Maintain compliance with prep regime.**
- 3) **Achieve clear visualization of the colon.** Results are superior to those obtained using a standard colon cleansing preparation with clear liquid diet.¹⁻³
- 4) **Minimize patient discomfort.** Patients using a magnesium citrate regimen combined with a low-residue diet report less discomfort, sleep disturbance, and side effects, plus less reluctance to repeat the procedure.⁴

In a recent 506 patient colonoscopy study at MUSC, NutraPrep, combined with E-Z-EM's LoSo Prep™ Bowel Cleansing System, achieved higher ratings than a standard colon cleansing preparation.

Overall preparation rated "excellent" or "good"

NutraPrep and LoSo Prep	89%
Clear liquid diet and Phospho-soda	82%

Patients would use the same prep again

NutraPrep and LoSo Prep	85%
Clear liquid diet and Phospho-soda	73%

Methods: Randomized, endoscopist-blinded comparison of tolerability and efficacy. Group 1 (n=222) received instruction for a clear liquid diet and Phospho-soda the day prior to their colonoscopy. Group 2 (n=284) received instruction for a suggested diet two days prior to colonoscopy, and NutraPrep and LoSo Prep for the day before their colonoscopy.¹

NutraPrep (Cat No. NP100)

	Qty		TOTAL
Vanilla Nutritional Shake	3	}	Calories 1468
Lemon Drink	2		Total Fat (g) 28
Chocolate Flavored Energy Bar	2		Saturated Fat (g) 9
Cinnamon Apple Sauce	1		Cholesterol (mg) 0
Potato Poppers Snack	1		Sodium (mg) 2668
Chicken Flavored Noodle Soup Mix	2		Potassium (mg) 550
			Total Carbohydrate (g) 245
			Dietary Fiber (g) 7
			Protein (g) 52
			Sugars (g) 176

References:

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2. El-Baba M, Padilla M, Madani S, Lin C, Thomas R, Tolia V. A prospective study to assess the efficacy of bowel preparation in pediatric patients with the use of a bowel cleansing preparation and a nutritional food package compared with oral sodium phosphate. *Journal of Pediatric Gastroenterology and Nutrition* 2003; 37(3):329.
3. Rapiere RC, Houston C. A prospective study to assess the efficacy and patient satisfaction of three bowel preparations for colonoscopy. *Scientific presentation at Digestive Disease Week* 2004.
4. Lefere PA, Gryspeerdt SS, Dewyspelaere J, Baekelandt M, Van Holsbeeck BG. Dietary fecal tagging as a cleansing method before CT colonography: Initial results - polyp detection and patient compliance. *Radiology* 2002; 224(2):393-403.

To place your order today, call E-Z-EM Customer Solutions at 1-800-544-4624.



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